



Marathwada Legal and General Education Society's
**MANIKCHAND PAHADE LAW
COLLEGE, AURANGABAD**

NAAC REACREDITED B + (2019)

REPORT OF THE HEALTH AWARENESS PROGRAMME

An IQAC Initiative

22ND SEPTEMBER 2022



In the remembrance of Late Dr. B.V. Paranjpe, former Vice Principal of the college on her third death anniversary IQAC of the College took the initiative to organise special programme on Health awareness for the girl students and ladies staff of the College. Dr Madhuri Kulkarni, Associate Professor

at Govt. Medical College, Aurangabad was invited as guest speaker. Dr. C. M. Rao, Principal of the College Presided over the function.



The event was introduced by Dr. Aparna Kottapalle, IQAC Coordinator

wherein she communicated the objective behind the workshop and expressed that the workshop being organised by IQAC towards the fulfilment of responsibility of the institution towards the health of the staff. Dr Madhuri Kulkarni, gave power point presentation on the theme of 'health awareness & healthy life styles. During her speech Dr Kulkarni mentioned the need to develop daily schedule



of Physical exercise & nutritional food. So as to avoid nutritional deficiencies she provided detailed information about the food and supplementary diet .She further provided significance of adequate sleep and appealed to students for digital detox. Through the detailed presentation Dr Madhuri further created awareness about pre-menopausal and menopausal physical and mental issues. Further, during the interaction

many girls asked their doubts about menses and other gynaecological issues.

Adv. Dr. R.J. Godbole was present for the programme. He requested all the attendees to take care and not to be negligent towards health issues. In the presidential address Dr. C. M. Rao appreciated IQAC of the College for organising health awareness programme for the staff and students continuously for three years. He expressed the concern of health issues and mentioned that girl students need to take proper food and must take care of their health and hygiene.

The programme was anchored by Ms. Chaitrali Dabholkar and Vote of thanks was proposed by Dr Sheetal Barhate.



Dr Aparna Kottapalle
IQAC Coordinator

Mr. S.N. Morey
Vice Principal

Dr. C. M. Rao
Principal

